My Gatekeeper Overview for 2008
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My Projects (laser focus)
Time sensitive goals
My gatekeeper
things that I have felt called to create, and have put energy into over the past year, that are not in my gatekeeper
get clear on your purpose and write that down on an index card, keep it in your back pocket.
Create and sustain a deep ecology circle
Create a sustainable life coaching practice
Find and sustain mentor relationships with different individuals in relation to finances, creating a coaching practice, and relationships
Attend and complete a vippassana
Attend and complete a program at racheals program in bolinas
Attend mens groups with the mankind project weekly
Attend workshops with Joanna Macy, Diana Chapman, the Matrix leadership organization
Create a partnership with a woman whom i respect deeply
Create a relationship that supports the exchange of bodywork weekly
Eat Really Well, including lots of greens...
Stop using tobacco casually; limit it to ceremony and ritual
Create completion in each area of my life