

Feb 11th, Journal of Activity

Project 2) Create a Curriculum

Healing 1a is a curriculum proposal for a healing circle that is dedicated to cultivating skills that support our abilities to hold space for healing, the proposal for the integration of hands on healing is that each class will be accompanied with a hands on healing approach - 4 week course

Facilitor Foundations 1a curriculum proposal ~ part one includes strategic planning, proposing a research project, researching and curriculum development, accountability, and curriculum presentation by the 4th meeting (4 week proposal)

Facilitor Foundations 1b supports us in stepping into our gifts and inspirations by actually facilitating a community service project dedicated to something larger then ourselves

inspired by the sustainable living project

Individual Foundations 1a is a curriculum proposal that supports us in cultivating a personal foundation. 12 week proposal

draws from

experiential component

Utilization of CoachU's Personal Foundation Course (12 week course)

Action Support Team 1a is a curriculum proposal that supports us in defining our goals, action steps, and using accountability and small group support. 12 week course proposal

The Great Turning 1a is a proposed curriculum that will draw from experiential Deep Ecology, Joanna Macy's curriculum for understanding the great turning - the proposed reading assignment would be "Coming back to life, macy, 1998" 6 week course proposal

Consciousness in Action 1a is a proposed curricula that will draw from the enneagram, the Conscious Loving Toolset, and Archetypal Astrology to illuminate the shift in consciousness necessary for transformative action, self awareness, and the fostering of truly harmonius relationships ~ 8 week course proposal

Conscious Council 1a is a proposed curricula that provides us an avenue through which we can cultivate our ability to hold council for friends, loved ones, and those whom are ready to recieve our support. It draws from NVC and Coactive Coaching. - 6 week course proposal

Co-active Coaching

help is needed in defining this curriculum

Nvc

proposed facilitator - seth

Collaborative

Consensus based

Proposed Values of learning style

Starting each session with

Dedication of the time to something larger then ourselves

Purpose of the time stated

Group resonance with the above achieved

Mindfulness as a foundation for learning

Specifically for healing work, starting each session with

Setting aside personal agenda as a foundation for healing work