

Healing 1a is a curriculum proposal for a healing circle that is dedicated to cultivating skills that support our abilities to hold space for healing, the proposal for the integration of hands on healing is that each class will be accompanied with a hands on healing approach - 4 week course

Facilitor Foundations 1a curriculum proposal - part one includes strategic planning, proposing a research project, researching and curriculum development, accountability, and curriculum presentation by the 4th meeting (4 week proposal)

Facilitor Foundations 1b supports us in stepping into our gifts and inspirations by actually facilitating a community service project dedicated to something larger then ourselves

inspired by the sustainable living project

Individual Foundations 1a is a curriculum proposal that supports us in cultivating a personal foundation. 12 week proposal

draws from

experiential component

Utilization of CoachU's Personal Foundation Course (12 week course)

Action Support Team 1a is a curriculum proposal that supports us in defining our goals, action steps, and using accountability and small group support. 12 week course proposal

The Great Turning 1a is a proposed curriculum that will draw from experiential Deep Ecology, Joanna Macy's curriculum for understanding the great turning - the proposed reading assignment would be "Coming back to life, macy, 1998" 6 week course proposal

Week 1 - Overview of the philosophical foundations of the Enneagram, Identifying ones personality type.

Proposed assignment due prior to week 1 is reading the introductory chapters to the

The Enneagram

Week 2 - Group reflection on how the learning affected us, in small groups of four, then in a large group, and setting goals based on the practices for development in ones chapter.

Proposed assignment due at week 2 is reflecting on all of the questions proposed in ones chapter

Week 1 - Awareness; overview of the sine wave model for understanding upper limits, introduction to the drama triangle

goals and obstacles exercise with the drama triangle - 45 minutes

Project 2) Create a Curriculum

Feb 11th, Journal of Activity

Gay and Kathleen Hendricks model - proposed reading is "conscious loving, hendricks"

Week 2 - Somatic Awareness; introduction to persona, reframing of persona as tools, awareness of the benefits of awareness of persona, getting to know our personas, opportunities to experience freedom from them;

I wonder game - 1.5 hrs

reflection of drifts game - 20 min

proposed guest presenter - debra katz or diana chapman

Week 3 - Conscious Relationships; introduction to codependance vs. co-commitment, opportunities to state intentions, decisions, or vows in regards to them, reflection on them.

Week 4 - Upper Limits; overview of the philosophy of upper limits, opportunity to be coached on breaking through ones glass ceiling within the context of the drama triangle (expansion necessary here)

Week 5 - discussion on Archetypal Astrology

Rick Tarnas - Archetypal Astrology

The reason I propose this topic is because it seems to support us in understanding our relations with the cosmos, and utilizing this information or awareness in supporting us to let go of the obstacles that get in the way of presence. It seems to be effective here because an understanding of archetypal astrology helped me to relax into moment.

the proposed reading assignment is Cosmos and Psyche p39 to p70 "In search of a deeper order"

the proposed guest teacher is either Rick Tarnas (budget providing), or his primary apprentice

Stanislauf Grof - Holotropic Breathwork and its implications

Week 6 - Overview of the 4 prenatal matrices, Reading of 3 select stories from "when the impossible happens",

Genpo Roshi - Big mind technique

Week 7 - Big Mind Video Presentation

Week 8 - Partner work - both scripted and improvised, using the big mind technique

Consciousness in Action 1a is a proposed curricula that will draw from the enneagram, the Conscious Loving Toolset, and Archetypal Astrology to illuminate the shift in consciousness necessary for transformative action, self awareness, and the fostering of truly harmonius relationships - 8 week course proposal

Conscious Council 1a is a proposed curricula that provides us an avenue through which we can cultivate our ability to hold council for friends, loved ones, and those whom are ready to recieve our support. It draws from NVC and Coactive Coaching. - 6 week course proposal

Proposed Values of learning style