

Feb 11th, Journal of Activity

Project 2) Create a Curriculum

Healing 1a is a curriculum proposal for a healing circle that is dedicated to cultivating skills that support our abilities to hold space for healing, the proposal for the integration of hands on healing is that each class will be accompanied with a hands on healing approach - 4 week course

Facilitor Foundations 1a curriculum proposal ~ part one includes strategic planning, proposing a research project, researching and curriculum development, accountability, and curriculum presentation by the 4th meeting (4 week proposal)

Facilitor Foundations 1b supports us in stepping into our gifts and inspirations by actually facilitating a community service project dedicated to something larger then ourselves

inspired by the sustainable living project

Individual Foundations 1a is a curriculum proposal that supports us in cultivating a personal foundation. 12 week proposal

draws from

experiential component

Utilization of CoachU's Personal Foundation Course (12 week course)

Action Support Team 1a is a curriculum proposal that supports us in defining our goals, action steps, and using accountability and small group support. 12 week course proposal

proposed first assignment includes drawing from the transformative action course through the goals / action steps planning form

help from the transformative action team would be invited to develop this curricula, and it would be offered in conjunction with the healing circle, or through the school during a semester that it might not normally be offered.

Week 1 - Gratitude; Shambhala Prophecy, the Elm Dance, Poem on the Great Turning

Week 2 - Despair and Empowerment; the truth mandala, the systems game, inspired musical expression

Week 3 - Seeing with new eyes; open sentences (nonverbal), the milling, who are you (90min), Chief Seattles Message

Week 4 - Deep Time; 30m meditation, the double circle, the remembering, learning to see eachother,

Week 5 - Deep Ecology; the council of all beings

Week 6 - Going Forth; Collabora-tion training, map of resources, skills, needs, goals

The Great Turning 1a is a proposed curriculum that will draw from experiential Deep Ecology, Joanna Macy's curriculum for understanding the great turning - the proposed reading assignment would be "Coming back to life, macy, 1998" 6 week course proposal

Consciousness in Action 1a is a proposed curricula that will draw from the enneagram, the Conscious Loving Toolset, and Archetypal Astrology to illuminate the shift in consciousness necessary for transformative action, self awareness, and the fostering of truly harmonius relationships ~ 8 week course proposal

Conscious Council 1a is a proposed curricula that provides us an avenue through which we can cultivate our ability to hold council for friends, loved ones, and those whom are ready to recieve our support. It draws from NVC and Coactive Coaching. - 6 week course proposal

Proposed Values of learning style