- Feb 11th, Journal of Activity
  - Project 2) Create a Curriculum
    - Healing 1a is a curriculum proposal for a healing circle that is dedicated to cultivating skills that support our abilities to hold space for healing, the proposal for the integration of hands on healing is that each class will be accompanied with a hands on healing approach - 4 week course
      - framework
      - curricula
        - Brandon Bays - Emotional Release for Healing
          - week 1 - proposed reading assignment prior to week 1 is the whole book, "the journey"
          - Week 1, experiential component; emotional healing. practicing the foundations to the work through partner work, work-sheets and directions provided at the end of the book.
          - Week 2, experiential component; phsyical healing through the tools in the book as well.
        - Hungarian Mysticism
          - Week 3 - Vows of the Hungarian Mystic Path, Setting aside ones personal agenda for the sake of healing, symbology in that, overview of setting a container for healing, dedication, purpose
          - Week 4 - Introduction to Channeling, video on jon of god,
        - Shiatsu and Acu-pressure
        - Thai Massage
    - Facilitor Foundations 1a curriculum proposal ~ part one includes strategic planning, proposing a research project, researching and curriculum develop-ment, accountability, and curriculum presentation by the 4th meeting (4 week proposal)
      - Components
        - Proposed Research Project Outline
          - Week 1
            - Identify and propose your project topic - due on 2nd meeting
              - Recieve feedback
            - Journal Entry Due
            - Experiential Portion
          - Week 2
            - Strategic Planning Rough Draft for your project topic, due on 3rd meeting
              - Learning Styles
                - Experiential
                - Reading
                - Reflective
              - Research Styles
                - Organic
                - Planned
              - Components
                - Goals and time frames
            - Journal Entry Due
          - Week 3
            - Research Continues
            - Journal Entry Due
          - Week 4
            - Journal Entry Due
            - Presentation of a Curricula for a 4 week course
        - Proposed ongoing Aspect of the Course
    - Facilitor Foundations 1b supports us in stepping into our gifts and inspirations by actually facilitating a community service project dedicated to something larger then ourselves
      - inspired by the sustainable living project
    - Individual Foundations 1a is a curriculum proposal that supports us in cultivating a personal foundation. 12 week proposal
    - Action Support Team 1a is a curriculum proposal that supports us in defining our goals, action steps, and using accountabili-ty and small group support. 12 week course proposal
    - The Great Turning 1a is a proposed curriculum that will draw from experiential Deep Ecology, Joanna Macy's curricu-lum for understanding the great turning - the proposed reading assignment would be "Coming back to life, macy, 1998" 6 week course proposal
    - Consciousness in Action 1a is a proposed curricula that will draw from the enneagram, the Conscious Loving Toolset, and Archetypal Astrology to illuminate the shift in consciousness necessary for transformative action, self awareness, and the fostoring of truly harmonius relationships ~ 8 week course proposal
    - Conscious Council 1a is a proposed curricula that provides us an avenue through which we can cultivate our ability to hold council for friends, loved ones, and those whom are ready to recieve our support. It draws from NVC and Coactive Coaching. - 6 week course proposal
    - Proposed Values of learning style